

August 29, 2024

Dear Listeners

Cheers,

Sylvia

Here are the links to all the items below:

* **Paris 2024 Paralympic Games to Feature More Audio Description than Ever Before**
* **Free, Nationally Recognized Six-Week Virtual Diabetes Management** **Program**
* **Montgomery County Ride On Bus Service Changes Begin on Sunday, September 8th**
* **U.S. Access Board Extends Period for Submitting AI Comments**
* **Application for AAPD's 2025 Paul G. Hearne Emerging Leader Award Is Now Open**!
* **[Theater Update](#Theater)**
* **[Calendar](#Calendar)**
	+ **[Replay POB Events](#Replay)**
	+ **ACB of Virginia Fiber Arts Club Meeting**
	+ [**Hadley Travel Talk Discussion Group: Managing Your Finances While Traveling**](#Travel)
	+ [**All Access Book Club: The One and Only Bob by Katherine Applegate**](#Book)
	+ [**The Montgomery County Aging and Disability Resource Unit**](#Aging)
	+ **Reston VIP Virtual Support Group Meeting: Personal Emergency Preparedness**
	+ [**Rosslyn Jazz Fest**](#Jazz)
	+ **[Beep Baseball Learn to Play Clinic](#Beep)**
	+ [**Mediterranean Blues! - In-person Greek Music with the duo Melos**](#Melos)
	+ **iBUG Café: Intro to Voiceover on the iPhone**
	+ [**ACBVA Meeting: Mystic Access**](#ACBVA)
	+ **Davis No Pressure Book Discussion - Virtual**
	+ [**Understanding your Medicare Options**](#Med)
	+ [**Bluegrass Jam**](#Jam)
	+ **Voting Rights Panel Discussion: Know Your Rights This Election Season**
	+ [**Virtual America InSight Verbal Description Tour**](#Insight)
	+ **Registration Open for the AFBLC**
	+ **Accessible Board Games Meet-up**

###

**PARIS 2024 PARALYMPIC GAMES TO FEATURE MORE AUDIO DESCRIPTION THAN EVER BEFORE**

Forwarded by Paul D’Addario

NBCUniversal’s coverage of the Paris 2024 Paralympic Games will be accessible to more viewers of all abilities than ever before, delivering the excitement of the Paralympics with enhanced closed captioning, expanded audio description, and improved digital content accessibility.

More audio description services – interspersing broadcast audio with skilled voices describing Paralympic scenes and context – will be available for viewers who are blind or visually impaired for Paris 2024 than for any previous Paralympics. All coverage on NBC, USA Network, CNBC, and the Gold Zone whip-around show on Peacock, will feature audio description provided by Descriptive Video Works.

Additionally, improved web content accessibility, including keyboard navigation, color contrast and support for screen readers, will be available on [**NBCParalympics.com**](http://nbcparalympics.com/), [**NBC.com**](http://nbc.com/), the NBC Sports app, and Peacock. Live streams and replays which offer audio description will have English audio description as a language choice within the players on these digital platforms. To easily find all events with audio description, [**click here**](https://www.nbcolympics.com/audio-description).

For audio description issues, email **ADFeedback@nbcuni.com**

All of this audio description and closed captioning will be available to Comcast Xfinity customers who experience the Games on the Xfinity X1 platform, including on Xfinity Stream and on Xfinity Flex.

The 2024 Paralympics in Paris will feature 22 sports, including: para archery, para athletics, para badminton, blind football, boccia, para canoe, para cycling, para equestrian, goalball, para judo, para powerlifting, para rowing, shooting para sport, sitting volleyball, para swimming, para table tennis, para tae kwon do, para triathlon, wheelchair basketball, wheelchair fencing, wheelchair rugby, and wheelchair tennis."

NBCU’s Paralympic Games coverage will include live coverage across all 22 Paralympic sports set to be streamed on Peacock throughout the duration of the 12-day event. [**NBCParalympics.com**](http://nbcparalympics.com/)

and the NBC Sports app will provide streaming coverage via authentication.

For more information on NBCUniversal’s coverage of the Paris 2024 Paralympic Games, [**click here**](https://www.nbcsports.com/pressbox/press-releases/how-to-watch-the-paris-2024-paralympic-games-across-nbcuniversal).

The Paralympic Games officially begin on August 28 and fans will have multiple viewing options.

A select number of events will be airing on CNBC, USA Network, and NBC, while all 22 Paralympic events will be available to stream on Peacock.

###

**FREE, NATIONALLY RECOGNIZED SIX-WEEK VIRTUAL DIABETES MANAGEMENT PROGRAM**

The Montgomery County Department of Health and Human Services' Community and Population Health program—in partnership with the Maryland Living Well Center of Excellence—is offering a six-week free online workshop to help people manage diabetes. Starting Sept. 12, all sessions of the Diabetes Self-Management Program (DSMP) will be held on Thursdays from 4 to 6:30 p.m.

Read more at [**https://montgomerycomd.blogspot.com/2024/08/free-nationally-recognized-six-week.html**](https://montgomerycomd.blogspot.com/2024/08/free-nationally-recognized-six-week.html).

###

**MONTGOMERY COUNTY RIDE ON BUS SERVICE CHANGES BEGIN ON SUNDAY, SEPTEMBER 8TH**

The Montgomery County Department of Transportation will adjust 23 Ride On bus route service schedules and add two new high frequency limited stop extRa bus routes starting Sunday, September 8th. Although service levels are staying relatively the same, the changes reflect a shift of resources to allow for more reliable service where there is higher demand.

Read more at [**https://montgomerycomd.blogspot.com/2024/08/ride-on-bus-service-changes-begin-on.html**](https://montgomerycomd.blogspot.com/2024/08/ride-on-bus-service-changes-begin-on.html)**.**

###

**US ACCESS BOARD EXTENDS PERIOD FOR SUBMITTING AI COMMENTS**

Throughout the month of August, the U.S. Access Board held a [**series of public hearings**](https://links-1.govdelivery.com/CL0/https%3A//www.access-board.gov/news/2024/08/28/u-s-access-board-holds-public-hearings-as-part-of-developing-artificial-intelligence-ai-equity-access-inclusion-for-all-series//1/010001919e7ff08e-e92dc5f3-aee8-4005-a1ed-39bd7f96e6e6-000000/5vUWH7b66G5dW6F8LfVeZnJXf0ADyxJZnETIH0YzTFc%3D368)on the impact of artificial intelligence (AI) on people with disabilities. On August 8, two hearings (in the morning and afternoon) were held to hear from members of the disability community. Additionally, on August 22, a third hearing was held to learn from federal and AI industry practitioners.

In addition to delivering remarks at the hearings, members of the public have been invited to send in written comments on the impact of AI on accessibility and people with disabilities. **The period for submitting written comments has been extended to October 31, 2024.** Visit the Board’s [**AI page**](https://links-1.govdelivery.com/CL0/https%3A//www.access-board.gov/ai//1/010001919e7ff08e-e92dc5f3-aee8-4005-a1ed-39bd7f96e6e6-000000/EXp5DR0z3GbRNE7ju9A33vZUqXlq21RMhy3AsR7PGqY%3D368) for more information on how to submit written comments either over email or via the [**docket on Regulations.gov**](https://links-1.govdelivery.com/CL0/https%3A//www.regulations.gov/document/ATBCB-2024-0005-0001/1/010001919e7ff08e-e92dc5f3-aee8-4005-a1ed-39bd7f96e6e6-000000/NIkpFKOfjl4N8wf5yorK6SxANdsEmIl1lJf6_-Xcqeo%3D368).

Learn more at [**U.S. Access Board Holds Public Hearings as Part of Developing Artificial Intelligence (AI) Equity, Access & Inclusion for All Series (access-board.gov)**](https://www.access-board.gov/news/2024/08/28/u-s-access-board-holds-public-hearings-as-part-of-developing-artificial-intelligence-ai-equity-access-inclusion-for-all-series/).

###

**APPLICATION FOR AAPD’S 2025 PAUL G. HEARNE EMERGING LEADER AWARD IS NOW OPEN!**

**Deadline: Tuesday, October 15, 2024 at 5:00pm ET.**

Through the AAPD Paul G. Hearne Emerging Leader Awards, each year the American Association of People with Disabilities (AAPD) recognizes outstanding emerging leaders with disabilities who exemplify leadership, advocacy, and dedication to the broader cross-disability community. Two (2) individuals or groups will each receive $2,500 in recognition of their outstanding contributions and $7,500 to further a new or existing project or initiative that increases opportunities for people with disabilities.

The recipients of the 2025 AAPD Paul G. Hearne Emerging Leader Awards will be honored among national disability leaders at the 2025 AAPD National Community Event in the Spring.

Learn more and apply at[**https://www.aapd.com/paul-g-hearne-emerging-leaders-award/**](https://www.aapd.com/paul-g-hearne-emerging-leaders-award/).

AAPD will host a Zoom webinar on Monday, September 16, 2024 from 4:00pm to 5:00pm ET for any interested applicants to review the information and answer any questions you have. Register for the webinar at [**https://us02web.zoom.us/webinar/register/WN\_TIjZWlRcQUKg\_b0hb0ZADA#/registration**](https://us02web.zoom.us/webinar/register/WN_TIjZWlRcQUKg_b0hb0ZADA#/registration).
###

**THEATER UPDATE**

The following performances will be described by a MWE volunteer. Note that recorded program notes will be available at the theater just prior to the actual performance and on Dial-In before and after the performance at Publication 8, Category 12, Branch 11.

**Sojourners**

Round House Theatre Bethesda - 240-644-1100

Described Saturday, September 21st matinee

**Jaja’s African Hair Braiding**

Arena Stage Kreeger at the Mead Center - 202-488-3300

Described Saturday, September 28th at 2:00 pm

**Comedy of Errors**

Shakespeare: Klein Theatre: 202-547-1122

Described Saturday, September 28th matinee

###

**CALENDAR**

**Replay POB Events**

**Listen and watch replays of recent webinars and other POB events at**[**www.youreyes.org/replays**](https://youreyes.us14.list-manage.com/track/click?u=939b8acf4b5eb247b7120bcd9&id=21719989f4&e=59825d4dc8)**.**

###

**ACB of Virginia Fiber Arts Club Meeting**

Tuesday, September 3rd at 7:00 pm

You are invited to join the monthly Zoom meeting of the ACB of Virginia Fiber Arts Club! Whether you love crocheting, knitting, loom knitting, weaving, sewing, or any other fiber art, you are welcome to be a part of their vibrant community.

During the meeting, they will discuss and plan the club activities together. This includes sharing patterns, helping each other through challenges, and organizing classes for all skill levels. Whether you're a beginner, advanced, or have never picked up a needle, your enthusiasm and interest are all that matter.

Come together to celebrate the love for fiber arts and create a supportive space for creativity and learning.

Join Zoom Meeting
[**https://us02web.zoom.us/j/84404013014?pwd=b9w4jneKtwi64IF0j3xIpAXiyGauYU.1**](https://us02web.zoom.us/j/84404013014?pwd=b9w4jneKtwi64IF0j3xIpAXiyGauYU.1)
Meeting ID: 844 0401 3014
Passcode: 828114
---
One tap mobile
+16469313860,,84404013014#,,,,\*828114# US
+19292056099,,84404013014#,,,,\*828114# US (New York)
---
Dial by your location
• +1 301 715 8592 US (Washington DC)
• +1 305 224 1968 US
Meeting ID: 844 0401 3014
Passcode: 828114

Find your local number: [**https://us02web.zoom.us/u/k5epM1bEK**](https://us02web.zoom.us/u/k5epM1bEK)
###

Bottom of Form

**Hadley Travel Talk Discussion Group: Managing Your Finances While Traveling**

Wednesday, September 4th at 5:00 pm

Whether traveling domestically or internationally, keeping track of your money can help you avoid overspending, plan your trip, and make the most of your time. Join the discussion as they share tips and ideas.

Sign up to join at [**https://hadleyhelps.org/discussion-groups/travel-talk**](https://hadleyhelps.org/discussion-groups/travel-talk).

###

**All Access Book Club: The One and Only Bob by Katherine Applegate**

Thursday, September 5th at 11:00 via conference call

The All Access Book Club meets on the first Thursday of each month at

To join the event:

Call **703-324-1800**or toll-free number **1-877-862-8112**

At the prompt, enter the code **389887**

For more information, contact Access Services Library at 703-324-8380 or **email**.

###

**The Montgomery County Aging and Disability Resource Unit**

Friday, September 6th from 2:00 to 3:00pm

[**Maggie Nightingale Library**](https://mcpl.libnet.info/event/11387459#branch)

19633 Fisher Avenue, Poolesville

The Aging and Disability Resource Unit provides personalized hands on assistance, referrals to services and specific information to older adults, people with disabilities and caregivers.  A representative will be at the Maggie Nightingale Library to answer questions related to housing, transportation, staying healthy, and much much more.  Learn about the rich variety of resources available to Montgomery County, MD residents.   No registration necessary.  A representative will be in the library to answer your questions.

###

**Reston VIP Virtual Support Group Meeting: Personal Emergency Preparedness**

Friday, September 6th from 2:00 to 4:00 pm

(Reston Regional Library is undergoing renovations)

Presented by Moriah Kitaeff, Access and Functional Needs Planning Specialist, Fairfax County, Department of Emergency Management and Security (DEMS)

Moriah Kitaeff holds a master’s degree in Homeland Security and Emergency Preparedness from Virginia Commonwealth University.  She has personal experience with a disability and she deeply understands that one-size-fits-all approaches to emergency preparedness are insufficient.

Her presentation will cover essential actions to take before, during, and after various emergencies, including:

* natural disasters,
* human-caused incidents, and
* everyday crises.

Q&A will be integrated throughout the presentation to ensure that all questions are addressed as they come up.

Remember, emergency situations can not necessarily be predicted well in advance and crises can unfold rapidly.  Being prepared can avoid some of the stress and confusion for you and people who help you in a potentially chaotic situation.  Please come and learn how prior planning can help you.

VIP enquiries?  Contact:

Sandy Neuzil at 703-989-1821  **sandy.neuzil@gmail.com**

Stan Gowin at 703-470-6633  **sgowin@verizon.net**

Kathryn Hodgdon at 703-608-5817  **ahodgdon@aol.com**

Join Zoom Meeting
[**https://us02web.zoom.us/j/7039891821?pwd=V3JjdnR6M1A5Tmh5bW5yU2k5amo4UT09&omn=8718065648**2](https://us02web.zoom.us/j/7039891821?pwd=V3JjdnR6M1A5Tmh5bW5yU2k5amo4UT09&omn=87180656482)

Meeting ID: 703 989 1821
Passcode: 456456

One tap mobile
+13126266799,,7039891821# US (Chicago)
+16465588656,,7039891821# US (New York)

Dial by your location
• +1 646 931 3860 US
• +1 301 715 8592 US (Washington DC)
• +1 305 224 1968 US
• +1 309 205 3325 US
Meeting ID: 703 989 1821
Passcode: 456456
Find your local number**:**[**https://us02web.zoom.us/u/kcd7KmjJN**](https://us02web.zoom.us/u/kcd7KmjJN)

###

**Rosslyn Jazz Fest**

September 7th from 1:00 to 7:00 pm

Gateway Park, 1300 Langston Blvd, Arlington

Join the Rosslyn BID and Arlington Arts at the 32nd Rosslyn Jazz Fest for an afternoon of music, community, food trucks, yard games, and more.

The annual festival is free, and registration is encouraged but not required.

Full details and registration are at[**Rosslyn Jazz Fest 2024 | Rosslyn, VA (rosslynva.org)**](https://www.rosslynva.org/do/rosslyn-jazz-fest-2024)**.**

###

**Beep Baseball Learn to Play Clinic**

Saturday, September 7th from 10:00 am to 3:00 pm

George Mason University Recreational Field #4

4611 Rapidan River Road, Fairfax

From Velma Berkey and forwarded by Sandy Neuzil

Hosted by George Mason Recreation, in collaboration with the Metro Washington Association of Blind Athletes, Northern Virginia Community College, George Mason Disability Services, the Philadelphia Fire, and Bayou City Heat. The event is open to all participants over the age of 15. It offers a unique opportunity to learn and play beep baseball, an adaptive version of America's favorite pastime. The day includes a morning clinic, a provided lunch, and an afternoon scrimmage. Come ready to engage in physical activity on the field, and don't forget your athletic gear and baseball glove if you have one. They have a limited number of slots to ensure everyone gets ample time to play.

Event Schedule:

10 AM - 12 PM: Clinic

12 PM - 1 PM: Lunch

1 PM - 3 PM: Fun Scrimmage

Registration Period:**June 10 - August 30**

Register at: [**https://forms.office.com/pages/responsepage.aspx?id=VXKFnlffR0ygwAVGRgOAyxqMNspqpMROtYQUb-OYWChUNUc1RE9GRDZYTjZVT1ZLTTgyNVdZVFgwUy4u**](https://forms.office.com/pages/responsepage.aspx?id=VXKFnlffR0ygwAVGRgOAyxqMNspqpMROtYQUb-OYWChUNUc1RE9GRDZYTjZVT1ZLTTgyNVdZVFgwUy4u)**.**

Note:**This event will be free!**

For more information, visit [**recreation.gmu.edu**](http://recreation.gmu.edu/) or contact Paul Bazzano at**pbazzano@gmu.edu****.**

###

**Mediterranean Blues! - In-person Greek Music with the duo Melos**

Sunday, September 8th from 2:00 to 3:00 pm

[**Wheaton Library**](https://mcpl.libnet.info/event/10858088#branch)

in the Social Hall, 2nd Floor, 11701 Georgia Avenue, Wheaton

Spyros Koliavasilis and Niko Mitreone will perform Rebetiko music, sometimes referred to as "Greek Blues," capturing feelings of oppression, despair, hope, and love of marginalized communities.

*Rebetiko*is now a Greek national treasure - recognized and protected by UNESCO as an Intangible Cultural Heritage to Humanity. It is a passionate music that unifies strangers, people of different religions and countries, all together looking for a better life at the crossroads of the world.

Questions about this program? Contact the Library at 240-777-0678. This program is sponsored by the Friends of the Library Montgomery County, [**https://www.folmc.org/**](https://www.folmc.org/)

###

**iBUG Café: Intro to Voiceover on the iPhone**

September 8th from 5:00 to 6:30 pm

From Sree Roy and forwarded by Kathryn Hodgdon

iBUG Café is offering a free demo for anyone who is interested in learning basic voiceover on the iPhone. They will cover such things as the exterior layout of the phone, finger gestures, setting up Siri and other settings.

Join Sree Roy and Pete Lane on this very in-depth look into the introduction to voiceover. This demo is geared to anyone who is new to using voiceover or if you just want to refresh your skills.

To join the Zoom conference click the following link:

[**https://zoom.us/j/7428486329?pwd=M003RmZaa3pTbWRlZ00xbSs4YTlmUT09**](https://zoom.us/j/7428486329?pwd=M003RmZaa3pTbWRlZ00xbSs4YTlmUT09)

Or type in the Meeting ID and Password below:

Meeting ID: 742 848 6329,

Password: 369978

To dial from a phone, call:

+1 3462487799 US

###

**ACBVA Meeting: Mystic Access**

Monday, September 9th from 7:00 to 8:30 pm

The slogan for Mystic Access is “Gain confidence using technology.”

Their goal is to empower blind and low vision users to gain more confidence using assistive technology through tutorials, podcasts, and events.

Their tutorials are extremely thorough and designed to walk someone who is afraid of using technology through all the ways to use it.

If you have time before the meeting, you might want to listen to part of one of their free tutorials or purchase one that would benefit you. Their website is:

[**https://mysticaccess.com/**](https://mysticaccess.com/)

For more information about ACBVA, please email:
**Info.acbva@gmail.com****.**
and visit the ACBVA website at:
[**www.acbva.org**](http://www.acbva.org/)**.**

Contact Paul D'Addario at 703-532-9138 or RoseAnn Ashby at 703-403-0226 with questions.

**Join Zoom Meeting**[**https://us02web.zoom.us/j/86481244260?pwd=ekgxYldXMnlqYk16MFlua0lIQnozZz09**](https://us02web.zoom.us/j/86481244260?pwd=ekgxYldXMnlqYk16MFlua0lIQnozZz09)
Meeting ID: 864 8124 4260
Passcode: 111222

**One tap mobile**
+13017158592,,86481244260#,,,,\*111222# US (Washington DC)

**Dial by your location**
+1 301 715 8592 US (Washington DC)
Meeting ID: 864 8124 4260
Passcode: 111222

###

**Davis No Pressure Book Discussion - Virtual**

**Tuesday, September 10th from 4:00 to 5:00 pm**

[**Virtual Branch**](https://mcpl.libnet.info/event/11107401#branch)

Join the book discussion to discuss what you've been reading and to meet fellow book lovers! You can talk about any book, so there is no pressure.

Register at [**Davis No Pressure Book Discussion - Virtual - Montgomery County Public Libraries (libnet.info)**](https://mcpl.libnet.info/event/11107401#branch). **The Zoom link will be sent to registrants the day before the discussion.**

**NEW:** **You will need to be signed into Zoom to attend this program via the web. To sign in, you must first create a free account:** [**https://zoom.us/signup**](https://zoom.us/signup)

###

**Understanding your Medicare Options**

Tuesday, September 10th from 6:00 to 8:00pm

[**Quince Orchard Library**](https://mcpl.libnet.info/event/11189704#branch)

15831 Quince Orchard Road, Gaithersburg

Provided by the Montgomery County State Health Insurance Assistance Program.

The Montgomery County State Health Insurance Assistance Program (SHIP) will provide an overview of Medicare benefits, eligibility, enrollment, costs, & coverage, as well as info on Medicare savings programs, Medicare fraud, protection & local services.

**Questions about this program?** Contact the Quince Orchard Library at 240-777-0200.

###

**Bluegrass Jam**

Tuesday, September 10th from 6:00 to 8:00pm

[**Damascus Library**](https://mcpl.libnet.info/event/11220328#branch)

9701 Main Street, Damascus

Bring your acoustic instrument and share your love of playing bluegrass music.

Questions about this program? Contact the branch 240-773-9444.

Looking for more fun things to do at MCPL?

###

**Voting Rights Panel Discussion: Know Your Rights This Election Season**

|  |
| --- |
| Wednesday, Sep 11th at 2:00 pm Hosted by The IMAGE Center of Maryland as part of their IMAGE Wellness Series.Register at [**Meeting Registration - Zoom**](https://us02web.zoom.us/meeting/register/tZwtduyvqDsjGdynGfXKZN2wL641WOZoV4uu#/registration)This event will feature insights from two leading experts on voting rights and access for people with disabilities: Jeff Kaloc, Governmental Affairs Specialist at the National Federation of the Blind, and Braden Stinar, attorney and voting rights specialist at Disability Rights Maryland Moderated by Chris Nusbaum, Bridges Project Coordinator and Social Support Specialist at The IMAGE Center, this panel will explore the critical importance of understanding your rights as a voter, especially in the upcoming election season. |

###

**Virtual America InSight Verbal Description Tour**

Thursday, September 12th at 5:30 pm

Join the Smithsonian American Art Museum for a docent-led virtual tour designed for participants who are blind or have low vision. Discover highlights from the collection through rich verbal descriptions that invoke a multisensory experience.

Register at [**Overview ⋮ Virtual America InSight: Verbal Description Tours ⋮ Blackthorn Events**](https://events.blackthorn.io/en/5f4ZMUx7/virtual-america-insight-verbal-description-tours-4a2bVRuomv/cart-v2)**.**

###

**Registration Open for the 2024 AFBLC**

The 2024 American Foundation for the Blind Leadership Conference (AFBLC) will be held at the Hyatt Regency in Minneapolis, Minnesota, from September 23rd - 25th!

Learn more at [**2024 AFB Leadership Conference | American Foundation for the Blind**](https://afb.org/about-afb/events/2024afblc)

###

**Accessible Board Games Meet-up**

Thursday, September 26th from 5:00 to 7:00 pm

Martin Luther King Jr. Memorial Library

901 G Street, NW, Center for Accessibility, 2nd Floor

Accessible Board Game Afternoons occur on the 4th Thursday of every month and is for all Adults!

Enjoy playing games such as Scrabble, Monopoly, Uno, Chess, and more!

Boards and cards are tactile and include braille labelling. Everyone is welcome to join.

###