

October 18, 2024

Dear Listeners,

All of us at the Metropolitan Washington Ear hope you can join us for the MWE National White Cane Safety Awareness Day Expo this coming Tuesday, October 15th from 11:00 am to 2:00 pm at the Hilton Garden Inn, 2200 Broadbirch Drive in Silver Spring. It’s a great opportunity to explore the resources and services available to the visually impaired community! There will also be door prizes and boxed lunches. Full details are [**here**](#MWE).

Cheers,

Sylvia

Here are the links to all the items below:

* [**National Disability Employment Awareness Month 2024**](#Employment)
* [**Financial Planning Videos and Resources**](#Finance)
* [**Apply for 2025 Paul G. Hearne Emerging Leader Award by 10/15 (5pm)**](#Hearne)
* **[Theater Update](#Theater)**
* **[Calendar](#Calendar)**
  + **[Replay POB Events](#Replay)**
  + **[Alexandria Low Vision Resource Group: Low-Tech Assistive Devices Demo](#Demo)**
  + **[Salón Mexicano Concert with Jorge Federico Osorio](#Salon)**
  + **[iBugCafe: iOS 18 New Features Demo](#iBug)**
  + **[American Council of the Blind of Virginia](#ACBVA)** [(](#ACBVA)**[ACBVA) Virtual Meeting: Judy Dixon Discusses AI](#ACBVA)**
  + **[MWE National White Cane Safety Awareness Day Expo](#MWE)**
  + **[Tech Talk Tuesdays: Artificial Intelligence and the Future of Vision Accessibility (Virtual Event)](#Tech)**
  + **[Virtual Low Vision Town Hall: Optimal Lighting for Your Home](#Hall)**
  + [**Medicare 101**](#Medicare)
  + **[Friendship Heights Vision Resource Group: Simple Steps for Preventing Falls at Home](#Friendship)**
  + **[Glide Mobility Aid Demo Day](#Glide)**
  + **[FCC Disability Advisory Committee (DAC) Meeting](#FCC)**
  + **[Accessible Board Games Meet-up](#Games)**
  + [**ACBVA Book Club**](#ACBVABook)
  + [**U.S. Access Board Meeting and Webcast**](#Board)
  + **[State Convention of the National Federation of the Blind of Virginia](#NFBVA)**
  + **[Being the Light Friends and Family Connection Luncheon](#Light)**
  + **[POB READS Book Club (Virtual Event)](#POB)**
  + **[America InSight: Verbal Description Tour](#InSight)**
  + **[Virtual Blind Health Expo 2024](#Expo)**

###

**NATIONAL DISABILITY EMPLOYMENT AWARENESS MONTH**

From Access Fairfax E-News

October is National Disability Employment Awareness Month (NDEAM), an annual recognition to honor the contributions and achievements of people with disabilities in the workforce, and to reaffirm the commitment to addressing disability-related employment disparities. This year’s NDEAM theme is “Access to Good Jobs for All,” to highlight the importance of increasing the quantity and quality of employment opportunities for people with disabilities.

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**FINANCIAL PLANNING VIDEOS AND RESOURCES**

From the Maryland Department of Disabilities Technology Assistance Program

Click on the links for each of the three videos below and the resources that follow.

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| |  | | --- | | [**MD ABLE Accounts: A Financial Planning Tool for People with Disabilities and their Families**](https://lj79tucab.cc.rs6.net/tn.jsp?f=001E6e9Q2GwNEY6LNSa4lt4XgfYqRYNBzT6BjTExU4kkbdGalg8CNDy3xhRCiJtcIrL_hGbfGiHdC1v_xgcoZ-bDaCVr-0xETQlFlH4yQOXbZa_Htiq51usg8Z1-WGd7Io-P0w64KlK7ACUDe-OA-OEWY06kTd1X9IDcz28F4FbxL0zxo4NUURW83067TrAkCvd&c=2MPgIh4Bt9U4OMTgm_fhOhQ7WkWA6GVidaoEQaZaNskDHlS_ZiFLew==&ch=NH6IA9Euq4-U0cXVD5UBratau_pQKk135oLlahOK1rltHxuphBorUQ==)  Kelly Nelson, Maryland ABLE Outreach and Communications Manager, shares an overview of how ABLE accounts can help people with disabilities and their families to save and invest for the future without jeopardizing federal, state, and local benefits such as SSI and Medicaid. Attendees will learn about tax- advantaged savings and investment options as well as how to use the ABLE account to pay for qualified disability-related expenses. Join us to learn about the eligibility criteria, enrollment process, features of a Maryland ABLE account and the account management process.  [**Financial Planning through the Lifespan**](https://lj79tucab.cc.rs6.net/tn.jsp?f=001E6e9Q2GwNEY6LNSa4lt4XgfYqRYNBzT6BjTExU4kkbdGalg8CNDy3xhRCiJtcIrLOYIOdkn2lc-eQNXYQ03VMbl459QP0zI_oHjFDGWCJo8itHHB54qej8F7MXhvdzsI9cE_XX2tonCWR74y7cfQNJZFv4SZ3B6mPOONKSJq3YVcVybWN2zjW6Q5slUSyVWM&c=2MPgIh4Bt9U4OMTgm_fhOhQ7WkWA6GVidaoEQaZaNskDHlS_ZiFLew==&ch=NH6IA9Euq4-U0cXVD5UBratau_pQKk135oLlahOK1rltHxuphBorUQ==)  As your family grows, your needs change. This session reviews the stages of planning for your children as they receive a diagnosis and grow to adulthood. It also looks into some of the government benefits, programs and resources available to them at all stages. Presented by Elizabeth Yoder, Planning Across the Spectrum.  [﻿**Special Needs Trusts**](https://lj79tucab.cc.rs6.net/tn.jsp?f=001E6e9Q2GwNEY6LNSa4lt4XgfYqRYNBzT6BjTExU4kkbdGalg8CNDy3xhRCiJtcIrL2WOSH-ENBRP5-T_v9X7m1W8J9UYeEaTGDzTLsr25rWIq0ChPUoPzQ1YKTIUGUkpCn6C-orWeNcGPpEpve1CUsMZw1pkSL1AvhTJ5evw9Tzh2wqb8kjC5uxntBuzi-MQd&c=2MPgIh4Bt9U4OMTgm_fhOhQ7WkWA6GVidaoEQaZaNskDHlS_ZiFLew==&ch=NH6IA9Euq4-U0cXVD5UBratau_pQKk135oLlahOK1rltHxuphBorUQ==)  Sage C. Hart, Esq. provides a brief overview of common benefit programs and the planning tools, such as special needs trusts and an ABLE account, that may be used to preserve an individual’s eligibility for means-tested benefits while also setting aside funds for that individual’s future. The development of a special needs plan will aim to take into account present and future needs as well as to support the autonomy and independence of the individual with disabilities to the greatest extent possible. | |

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| |  | | --- | | **Financial Planning** **Resources**   * [**Maryland ABLE**](https://lj79tucab.cc.rs6.net/tn.jsp?f=001E6e9Q2GwNEY6LNSa4lt4XgfYqRYNBzT6BjTExU4kkbdGalg8CNDy39vR8vtpcca_Zmlcacn9Bq9cC7dska71S4wLoarjL36j_kih0j-tAcRgMVQE7nn01tcm9SjVC-H5JxnMjOodYBXaDXRNTiDFuYXhcikq5_zn&c=2MPgIh4Bt9U4OMTgm_fhOhQ7WkWA6GVidaoEQaZaNskDHlS_ZiFLew==&ch=NH6IA9Euq4-U0cXVD5UBratau_pQKk135oLlahOK1rltHxuphBorUQ==) * [﻿**Planning NOW**](https://lj79tucab.cc.rs6.net/tn.jsp?f=001E6e9Q2GwNEY6LNSa4lt4XgfYqRYNBzT6BjTExU4kkbdGalg8CNDy3xhRCiJtcIrLX88Vk95SsFRDHN1ZQ8rU4WWSDBtRDzr_15Ow73R6u_SIsNfTwfyZtXGODplqL_kI2bLYHQv9e6XHE2GtmfCH-IG513XpWKZMgGEFpPZ0kDxgIGpIg2jSWpkcfW4hrZiyS-QFQ30Ss_a1cz7tGK3d73iUX5ZH-83o288ymnM7gXZHpH6Q6y6pAw==&c=2MPgIh4Bt9U4OMTgm_fhOhQ7WkWA6GVidaoEQaZaNskDHlS_ZiFLew==&ch=NH6IA9Euq4-U0cXVD5UBratau_pQKk135oLlahOK1rltHxuphBorUQ==) - A Future & Estate Planning Guide published by the MD Developmental Disabilities Council * [**Special Needs Trusts General Overview**](https://lj79tucab.cc.rs6.net/tn.jsp?f=001E6e9Q2GwNEY6LNSa4lt4XgfYqRYNBzT6BjTExU4kkbdGalg8CNDy3xhRCiJtcIrLLMoK886Xw2GUpd9N0KylKpisv5jvndJmBQ9uZqETwkA7syFbSXbweJSoz6T_ptkCePBza1M-kw-bP0jouxT5B4mxMSmpcmQ4Bmq25eZiOqPgkOo-koKOw4hB3op0kn_J5pwR8k3p1ewrKFRmK51gMfc7S2JMGrfy5CsgYjaW4fkukmqMtluqbE8HuZ-kPgLQhKMfcrCBRqTQErjn_DEcsA==&c=2MPgIh4Bt9U4OMTgm_fhOhQ7WkWA6GVidaoEQaZaNskDHlS_ZiFLew==&ch=NH6IA9Euq4-U0cXVD5UBratau_pQKk135oLlahOK1rltHxuphBorUQ==)   Learn more at [**October is National Disability Employment Awareness Month | Family Services (fairfaxcounty.gov)**](https://www.fairfaxcounty.gov/familyservices/disabilities/disability-employment-awareness-month?utm_medium=email&utm_source=govdelivery)**.**  ### | |

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| |  | | --- | | **APPLY FOR 2025 PAUL G. HEARNE EMERGING LEADER AWARD BY 10/15 (5PM)**  Through the AAPD Paul G. Hearne Emerging Leader Awards, AAPD Annually recognizes outstanding emerging leaders with disabilities who exemplify leadership, advocacy, and dedication to the broader cross-disability community.  Two (2) individuals or groups will each receive $2,500 in recognition of their outstanding contributions and $7,500 to further a new or existing project or initiative that increases opportunities for people with disabilities. The recipients of the 2025 AAPD Paul G. Hearne Emerging Leader Awards will be honored among national disability leaders at the 2025 AAPD National Community Event in the Spring.  **Applications are due by October 15th at 5pm ET.**  Apply at [**2025 Paul G. Hearne Emerging Leader Award Survey (surveymonkey.com)**](https://www.surveymonkey.com/r/PGH2025).  AAPD held a webinar for interested prospective applicants to provide more information. [**Watch the webinar here**](https://aapd.us13.list-manage.com/track/click?u=08dab5cd58ad9250c3f56519f&id=1068a49a61&e=d204b146b9). Please check out the[**Paul G. Hearne Emerging Leader website page**](https://aapd.us13.list-manage.com/track/click?u=08dab5cd58ad9250c3f56519f&id=8146dc50f7&e=d204b146b9) for more information.  If you have any questions, please email [**programs@aapd.com**](mailto:programs@aapd.com).  ### | |

**THEATER UPD****ATE**

The following performances will be described by a MWE volunteer. Note that recorded program notes will be available at the theater just prior to the actual performance and on Dial-In before and after the performance at Publication 8, Category 10, Branch 11.

**Eisenhower: This Piece of Ground**

Olney Theatre Center – Mulitz-Gudelsky Theatre Lab 301-924-3400

Described Wednesday, October 9th at 7:30 pm

**Mean Girls**

National Theater – 1-800-514-3849

Described Saturday October 19th at 2:00 pm and Sunday October 20th at 7:30 pm

**Babbit**

Shakespeare: Harman Hall: 202-547-1122

Described Saturday, October 26th matinee

**Disney’s Frozen**

Olney Theatre Center – Roberts Mainstage 301-924-3400

Described Wednesday, November 6th at 7:00 pm

###

**CALENDAR**

**Replay POB Events**

**Listen and watch replays of recent webinars and other POB events at**[**www.youreyes.org/replays**](https://youreyes.us14.list-manage.com/track/click?u=939b8acf4b5eb247b7120bcd9&id=21719989f4&e=59825d4dc8)**.**

###

**Alexandria Low Vision Resource Group: Low-Tech Assistive Devices Demo**

Friday, October 11th from 1:00 to 2:30 pm

[**Charles E. Beatley Jr. Central Library**](https://alexlibraryva.org/event/8886638#branch)

5005 Duke Street, Alexandria, Large Meeting Room

Explore low-tech assistive devices that can help you enhance your daily life. Discover practical tools and tips, and ask questions!   
To RSVP, call **(301) 951-4444**.   
###

**Salón Mexicano Concert with Jorge Federico Osorio**

Sunday, October 13, 2024

1:00 to 2:00 pm and 2:00 to 3:00 pm

National Gallery of Art West Building, West Garden Court

6th Street and Constitution Avenue

Join pianist Jorge Federico Osorio as he performs pieces from his latest album, *Salón Mexicano*. This program of buried treasures from a bygone Romantic era is filled with instantly enjoyable gems of intimate “party music” by influential Mexican composers Felipe Villanueva (1862–1893), Ricardo Castro (1864–1907), Manuel M. Ponce (1882–1948), and José Rolón (1876–1945).

Register at [**https://tickets.nga.gov/events/0190e561-63cc-3bf9-c7b8-1e1158cb42fc**](https://tickets.nga.gov/events/0190e561-63cc-3bf9-c7b8-1e1158cb42fc)

###

**iBugCafe**: **iOS 18 New Features Demo**

Sunday, October 13th at 5:00 pm

There will be a demo of the new features in iOS 18. Around 25 new features will be covered, including apps, inside settings, accessibility, and VoiceOver.   
To join the Zoom conference:  
[**https://zoom.us/j/7428486329?pwd=M003RmZaa3pTbWRlZ00xbSs4YTlmUT09**](https://zoom.us/j/7428486329?pwd=M003RmZaa3pTbWRlZ00xbSs4YTlmUT09)One tap mobile from a smartphone:  +13462487799,,7428486329#,,,,\*369978# US  
Dial from a phone:  +1 346 248 7799 US  
Meeting ID: 742 848 6329, Password:  369978

###

**American Council of the Blind of Virginia** (**ACBVA) Virtual Meeting: Judy Dixon Discusses AI**

Monday, October 14th from 7:00 to 8:30 pm

For many years, Judy Dixon worked at the National Library Service, and she has written a number of books about topics of interest to people who are blind or who have low vision. She will lead a presentation about how AI can benefit people who are blind and will discuss details of applications available on a Windows computer and an iPhone.

And she’ll discuss other items that are using AI, such as smart glasses.

There will be lots of opportunities for questions and discussion.

For more information about ACBVA, please email:  
[**Info.acbva@gmail.com**](mailto:Info.acbva@gmail.com)  
and visit the ACBVA website at:  
[**www.acbva.org**](http://www.acbva.org/)to learn  more about the organization, and to find links to several resources and how to become a member.

Please contact Paul D'Addario at 703-532-9138 or RoseAnn Ashby at 703-403-0226 with questions.

Join Zoom Meeting  
[**https://us02web.zoom.us/j/86481244260?pwd=ekgxYldXMnlqYk16MFlua0lIQnozZz09**](https://us02web.zoom.us/j/86481244260?pwd=ekgxYldXMnlqYk16MFlua0lIQnozZz09)  
Meeting ID: 864 8124 4260  
  
Passcode: 111222  
  
One tap mobile  
+13017158592,,86481244260#,,,,\*111222# US (Washington DC)  
  
Dial by your location  
+1 301 715 8592 US (Washington DC)  
Meeting ID: 864 8124 4260  
  
Passcode: 111222

###

**MWE National White Cane Safety Awareness Day Expo**

Tuesday, October 15th from 11:00 am to 2:00 pm

Hilton Garden Inn

2200 Broadbirch Drive, Silver Spring

Explore the resources and services available to the visually impaired community! Get a chance to learn about:

* Braille Classes
* Mobility Training
* Assistive Technology & much more!

Raffle drawings will be held at 12:30 pm.

Boxed lunches will be served at 1:30 pm

Contact the Metropolitan Washington Ear at 301-681-6636 for more information.

###

**Tech Talk Tuesdays: Artificial Intelligence and the Future of Vision Accessibility (Virtual Event)  
Tuesday, October 15th from 1:00 to 2:00 pm**

Join Rachel Schreiman and Tara Aziz to discuss the benefits and challenges of artificial intelligence in enhancing accessibility.

To RSVP, call **(301) 951-4444** at least 24 hours before the event.

###  
  
**Virtual Low Vision Town Hall: Optimal Lighting for Your Home   
Wednesday, October 16th from 11:00 am to 12:00 pm  
Special Guest: Greg Gaurnaccia, LC, LEED AP, IES, Principal, International Light Studio**  
Learn about the importance of proper lighting in the home and the simple, effective modifications you can make to create a more accessible home!  
Call **(301) 951-4444** to register.

###

**Medicare 101**

Wednesday, October 16th from noon to 1:00 pm

From Access Fairfax E-News

This training is for individuals who will be eligible for Medicare and want to learn about their options.

The session will provide an overview of the many components of Medicare: Part A: (inpatient hospitalization/skilled nursing), Part B (outpatient hospital/doctors/labs/radiology), Part C (Medicare Advantage Plans), and Part D (prescription drugs), as well as how to cover the gaps in Medicare benefits through Medicare Supplement Plans (Medigap).

Register at [**Online Registration — Free Webinars for Family Caregivers of Older Adults - HSCODE - Fairfax County, Virginia**](https://www.fairfaxcounty.gov/hscode/ereg/Registration.aspx?groupID=1&utm_medium=email&utm_source=govdelivery).

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**Friendship Heights Vision Resource Group: Simple Steps for Preventing Falls at Home  
Thursday, October 17th from 11:00 am to 12:00 pm**

**Friendship Heights Village Center**4433 South Park Avenue, Chevy Chase, MD

Discover practical strategies to eliminate trip hazards at home, especially for people with vision impairment. Engage in a supportive environment where you can ask questions and exchange ideas.  
To RSVP, call **(301) 656-2797**.  
###

**Glide Mobility Aid Demo Day**

Friday, October 18th

St. John's Community Services   
901 D Street, SW, Suite 800 Washington, DC 20024

Forwarded by Paul D’Addario

Glide is the world’s first self-guided primary mobility aid designed to further your independence and help you live life to the fullest.

Demo Day is a unique opportunity to meet the team, hear from their founder, ask questions, and see the latest Glide prototype.

Registration and more details are available at:

[**https://glidance.io/glidance-demo-day-dc-october-18th-2024/**](https://glidance.io/glidance-demo-day-dc-october-18th-2024/)###

**FCC Disability Advisory Committee (DAC) Meeting**

Friday, October 18th at 9:00 am

​Commission Meeting Room

FCC Headquarters, 45 L Street, NE

The meeting will be open to the public and webcast with open captioning at [**https://www.fcc.gov/live**](https://www.fcc.gov/live).

Reasonable accommodations for people with disabilities are available upon request. Include a description of the accommodation you will need and tell them how to contact you if they need more information. Make your request as early as possible. Last-minute requests will be accepted but may be impossible to fill. Send an e-mail to: [**FCC504@fcc.gov**](mailto:FCC504@fcc.gov)or call the Consumer and Governmental Affairs Bureau at 202-418-0530.

The agenda for this meeting will be posted on the event page at [**https://www.fcc.gov/news-events/events/2024/10/disability-advisory-committee-meeting**](https://www.fcc.gov/news-events/events/2024/10/disability-advisory-committee-meeting).

Link to Public Notice:  
URL: [**https://www.fcc.gov/document/fcc-announces-october-18-2024-dac-meeting**](https://www.fcc.gov/document/fcc-announces-october-18-2024-dac-meeting)

For more information about the DAC, visit [**www.fcc.gov/dac**](http://www.fcc.gov/dac).  For specific questions, please contact Molly Burgdorf, DAC Deputy Designated Federal Officer, at (202) 418-2173 or [**DAC@fcc.gov**](mailto:DAC@fcc.gov).

###

**Accessible Board Games Meet-up**

Thursday, October 24th from 5:00 to 7:00 pm  
Center for Accessibility, 2nd Floor  
Martin Luther King Jr. Memorial Library

901 G Street, NW

Accessible Board Game Afternoons occur on the 4th Thursday of every month and is for all Adults!

Enjoy playing games such as Scrabble, Monopoly, Uno, Chess, and more!

Boards and cards are tactile and include braille labelling. Everyone is welcome to join.

To request a reasonable accommodation for this program, please contact[**DCPLaccess@dc.gov**](mailto:DCPLaccess@dc.gov)**or call 202-727-2142.**

###

**ACBVA Book Club**

Thursday, October 24th at 7:00 pm

Discuss books that you’ve recently read at the next ACBVA book group virtual meeting.

As usual, rather than asking everyone to read the same book, attendees are asked to report on a book or books they have read.

You do not need to be a member to attend.  
You do not need to have a book on which to report.

ACBVA's book group meetings are not only a great way to   learn about books you may not be aware of, but you may also learn about sources of audio books and technology others use to read.

And, they realize the time and date are not convenient for everyone, so, following the meeting, they plan to distribute information about the books attendees review.

Below is the Zoom information.

Happy reading ........ and if you have questions, contact:

Paul D'Addario  
[**mostreliable@verizon.net**](mailto:mostreliable@verizon.net)703 532 9138

**Join Zoom Meeting**

[**https://us02web.zoom.us/j/83807277786?pwd=NHhqckpZRHB0dTRsSEoyNzM5Z3B5dz09**](https://us02web.zoom.us/j/83807277786?pwd=NHhqckpZRHB0dTRsSEoyNzM5Z3B5dz09)

**Meeting ID: 838 0727 7786**

**Passcode: 669550**

**One tap mobile**

+13017158592,,83807277786#,,,,\*669550# US (Washington DC)

+13052241968,,83807277786#,,,,\*669550# US

**or Dial by your location**

+1 301 715 8592 US (Washington DC)

        +1 305 224 1968 US

        +1 309 205 3325 US

**Meeting ID: 838 0727 7786**

**Passcode: 669550**

**Find your local number:**[**https://us02web.zoom.us/u/**](https://us02web.zoom.us/u/)

###

**U.S. Access Board Meeting and Webcast**

Wednesday, October 30th from 1:30 to 3:00 pm

The agenda for the meeting includes brief reports from standing and ad hoc Board committees, federal agency updates, and a report by Executive Director Sachin Pavithran.

Members of the public may attend the meeting through the [**Zoom.gov platform**](https://links-1.govdelivery.com/CL0/https:%2F%2Fwww.zoomgov.com%2Fj%2F1616536186/1/010001926cf043a7-8d607f40-5b73-4fa8-a60f-3b8a90fbddbb-000000/1uSA1MRcIjp3DwvPDbMFdpBBZRk2tuaiAnfVJ_oi7dA=374)or by phone (listen-only mode). Please note that participation over Zoom will require the use of the passcode provided below. For further information, contact Rose Marie Bunales at [**events@access-board.gov**](mailto:events@access-board.gov).

Zoom: [**https://www.zoomgov.com/j/1616536186**](https://links-1.govdelivery.com/CL0/https:%2F%2Fwww.zoomgov.com%2Fj%2F1616536186/2/010001926cf043a7-8d607f40-5b73-4fa8-a60f-3b8a90fbddbb-000000/wF8mnZor2AD5t9VKcZw_ejElBYNkgD3HGiPeY57mr4o=374)Meeting ID: 161 653 6186

Passcode: 128200  
Dial in: (646) 828-7666  
Contact: [**events@access-board.gov**](mailto:events@access-board.gov)

Learn more at [**U.S. Access Board Meeting and Webcast (October 30) (access-board.gov**)](https://www.access-board.gov/news/2024/09/25/u-s-access-board-meeting-and-webcast-october-30/).

###

**State Convention of the National Federation of the Blind of Virginia** Thursday, October 31st through Sunday, November 3rd

Renaissance Portsmouth-Norfolk Waterfront Hotel

425 Water St, Portsmouth, VA 23704

This action-packed weekend offers something for everyone, with opportunities to connect, learn, and have fun. Here are just a few highlights: - Adaptive Sports & Wellness Activities: From blind tennis to chair aerobics, there is something to get everyone moving, no matter your age or skill level. - Interactive Technology & Resource Fair: Explore hands-on demonstrations of the latest accessible tech, from AI tools enhancing workplace productivity to gadgets simplifying daily living, plus low-vision cell phones, audible health monitors, and more. - Professional Development & Career Support: Get real-time feedback on your resume, participate in mock interviews, and gain insights from professionals across industries. Whether you are starting your career or looking for a new opportunity, they have you covered. - Family-Friendly Fun: Kids can dive into accessible video games, create braille art, or swap books at our the Book Exchange while parents connect with each other and hear from experienced blind role models.

They have also negotiated affordable hotel and meal rates!

To find all details including the agenda and other necessary information, go to [**https://nfbv.org/convention**](https://nfbv.org/convention).

###

**Being the Light Friends and Family Connection Luncheon**  
Saturday, November 2nd from 11:00 am to 1:30 pm   
Ingleside at Rock Creek   
3050 Military Rd NW, Washington, DC  
You, your friends and your family are invited to a luncheon panel discussion, moderated by Suleiman Alibhai, O.D., low vision specialist.  

**Theme:** A New Path: Adjusting to Vision Loss   
  
**Panel Discussion Topics:**

Embracing Change, Gaining Strength

Hope through Shared Experiences

This special luncheon event will give your friends and family a unique opportunity to learn about vision impairment and its challenges.   
  
For tickets, visit [**www.beingthelightpob.org**](http://www.beingthelightpob.org),    
or call **(202) 234-1010, ext. 233**.   
Tickets: $22 per person   
**(Must be purchased by October 18)**

**###**

**POB READS Book Club (Virtual Event)**  
**Wednesday, November 6th at 11:00 am**November's book is The Demon of Unrest: A Saga of Hubris, Heartbreak, and Heroism at the Dawn of the Civil War by Erik Larson. This book delves into the lives of individuals grappling with ambition, sorrow, and bravery as the Civil War begins.  
To sign up, visit [**www.pobreads.org**](http://www.pobreads.org) or call **(301) 951-4444**.

###

**America InSight: Verbal Description Tour**

Thursday, November 14th at 5:30 pm

Smithsonian American Art Museum

Free

Registration required at [**Overview ⋮ America InSight: Verbal Description Tours  ⋮ Blackthorn Events**](https://events.blackthorn.io/en/5f4ZMUx7/america-insight-verbal-description-tours-4a2bVRv3KX/overview)

Join a docent-led tour designed for participants who are blind or have low vision. Discover highlights from the collection through rich verbal descriptions that invoke a multisensory experience.

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**Virtual Blind Health Expo 2024**  
Friday, December 6th from 10:00 am to 4:00 pm

The 3rd annual Blind Health Expo is the world’s largest virtual expo of healthcare information, products, and services for individuals, organizations, and companies in the health, blindness, and disability communities.

FREE to attend

Hundreds of exhibitors!

[**Click Here to Register to Attend**](https://docs.google.com/forms/d/e/1FAIpQLSedZ-pjdWivnuuOpXx0uuNaIRiH0nNSPg-s-Vf6HI9jjiW4jg/viewform?usp=sharing)

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